

# Sweet fresh baked goods

Freshly baked pastries, muffins, and cakes

### Savoury fresh baked goods

Homemade pies and sausage rolls

# Freshly baked quiches

Bacon and cheese, blue cheese with caramelised walnuts, spinach and sundried tomato

# Frittatas (GF)

Vegetarian, chorizo

# Breakfast items

Granola cup, Swiss muesli, fresh fruit salad, fruit and plain yoghurts, protein balls, breakfast bagel, brekkie wrap, brekkie muffin

#### Sandwiches

Continental roll, ham cheese salad, chicken avocado swiss, Rueben, chicken and brie baguette, BLT, Salami and Cheddar

#### Wraps

Chicken Caesar wrap

#### Bagels

Smoked salmon bagel

GF and Vegetarian sandwiches and wraps made fresh on request

#### Toasties

Chicken and cheese, cheese tomato, ham and cheese

### Sushi

Chicken avocado, California rolls, vegetarian rolls, tuna, smoked salmon, Vietnamese rolls/vegetarian, prawn, chicken

# Grab and go meals

dine-in or take away

Chicken Stroganoff with pasta

Coconut chicken curry with brown rice

Teriyaki Chicken, Asian Green with noodles

Beef Bourguignon with potato pure

BBQ Beef Brisket, baked potato wedges, coleslaw

Homemade beef lasagna with garlic bread

Salmon with leek ragu, boiled potatoes

Prawn and vegetable Stir Fry with Asian noodles

Baked Gnocchi with chorizo

Chickpea and potato curry with basmati rice

Beef or vegetable lasagna

Pasta with meat ragu

Chili con carne with rice

Cottage pie

Mushroom tortellini, Napoletana sauce, pesto

Beef Cheek ravioli with creamy napolitana